

**Who Would Benefit
From ?
• These Services●**

If you answer yes to one of the following questions, you may benefit from one of these programs.

Cut Down

Can you just have one drink?

Annoyed

Do you annoy others with your drinking?

Guilty

Do you feel guilty when you drink?

Eye Opener

Does your day need to start with a drink"

and/or

- Using alcohol/drugs adversely affects your life.

**The Edge of
Recovery**

LOCATIONS

PELLA

The Edge of Recovery

712 Union Street

Pella, Iowa 50219

Phone: 641-780-1087

email: deborah.kay@mchsi.com

Hours: Monday and Wednesday

8:00 am - 5:00 pm and by
appointment

OSKALOOSA

The Edge of Recovery

103 North 3rd Suite 2

Phone: 641.676.4060

email: theedgeofrecovery@gmail.com

Hours: Tuesday, Thursday

8:00 am - 5:00 pm
and by appointment

Most Major Medical Insurances Accepted



*A Substance Abuse
Outpatient
Treatment Program*

www.edgeofrecovery.org

*"We Live
on the Edge of Miracles"*

Staff

- **Jim Hibma LISW**
Executive Director
- **Dr. Richard Martin Phd**
Clinical Oversight
- **Deborah Kay MS-IADC**
Clinical Director
- **Cara Herr**
Office Manager
- **Elaine Vander Linden**
Billing Specialist
- **Samantha Hunt**
Technical Support

Drinking and or Using is your Business,

Recovery is our Business.

Services

- **Substance Abuse Assessments**
(meets requirements for court ordered, Department of Human Services, Juvenile or Adult Probation and voluntary)
- **Individual Therapy**
- **Reasoning Skills Classes**
(Meets Parole and probation requirements)
- **Consultation**
- **OWI Evaluation**
(Meets State of Iowa requirements as well as assessments needed for court case)
- **Emergency Services**
- **Prevention and Education on substance Abuse Treatment Issues**
- **Groups**
Women's Issues Group
Men's Group
Teen's Group
Family Group

Prevention Programs

1. High School Prevention Groups:

Substance Abuse Free Environment (SAFE)

Two hours a week facilitated by Deb Kay MS - IADC to educate and to provide groups in processing high risk choices verses low risk choices. Individual assessments and on-going individual sessions will be at the local High Schools.

2. Anger Management:

Two hours a week facilitated by Deb Kay MS IADC

3. Prime For Life Course:

(Meets State of Iowa 12 hour class mandatory regulation for State of Iowa for adult and under age driving under the influence offenders.)

This class will be available monthly, rotating between the following Iowa communities... Oskaloosa, Pella, and Knoxville